

ACORNS | POOL TIMETABLE

TIME SESSIONS DURATION TIME SESSIONS DURATION

MONDAY

06:30:09.30	Adults Only	3hrs
09:30:10.15	Water Aerobics	45mins
10:15:11.15	Adults Only	1hr
11.15:13.00	Family Swim *	1hr 45mins
13.00:15.30	Adults Only	2hrs 30mins
15.30:17.30	Family Swim *	2hrs
17.45:18.30	Water Aerobics	45mins
18.30:21.45	Adult Swim	3hrs 15mins

FRIDAY

06.30:10.15	Adults Only	3hrs 45mins
10.15:11.00	Water Aerobics	45mins
11.00:11.30	Adults Only	30mins
11.30:13.30	Family Swim *	2hrs
13.30:15.30	Adults Only	2hrs
15.30:18.00	Family Swim *	2hrs 30mins
18.00:21.45	Adults Only	3hrs 45mins

TUESDAY

06.30:10.00	Adults Only	3hrs
10.00:13.30	Family Swim *	3hrs
13.30:15.30	Adults Only	2hr
15.30:18.30	Family Swim *	3hrs
18.30:21.45	Adults Only	3hrs 15mins

SATURDAY

08.30:10.00	Family Swim *	1hrs 30mins
10.00:12.00	POOL CLOSED	2hrs
12.00:17.00	Family Swim	5hr
17.00:19.45	Adult Swim	2hrs 45mins

WEDNESDAY

06.30:11.30	Adults Only	5hrs
11.30:13.30	POOL CLOSED	2hrs
13.30:15.30	Adults Only	2hrs
15.30:18.30	Family Swim *	2hrs 30mins
18.30:19.00	Adults Only	30 mins
19.00:19.45	Aqua Zumba	45mins
19.45:21.45	Adults Only	2hrs

SUNDAY

08.30:09.00	Adults Only	30mins
09.00:11.30	Family Swim *	2hrs 30mins
11.30:17.00	Family Swim	5hrs 30 mins
17.00:19.45	Adult Swim	2hrs 45mins

THURSDAY

06.30-11.30	Adults Only	5hrs
11.30 - 13.30	Family Swim *	2hrs
13.30 - 15.30	Adults Only	2hr
15.30 - 18.30	Family Swim *	3hrs
18.30 - 21.45	Adults Only	3hrs 15mis

opening hours

Mon - Fri | 06:30 - 21.45

Sat - Sun | 08.30 - 19:45

ACORNS HEALTH & LEISURE

WWW.ACORNSGYM.COM

01342 715022

*HALF THE POOL WILL BE USED BY ONE OF OUR SWIM SCHOOLS.
 UNDER 16'S WILL NOT BE ABLE TO USE THE POOL OUTSIDE OF FAMILY SWIM TIME.
 POOL CLOSED- SWIMMING LESSONS IN PROGRESS
 UPDATED - MAY 2022



acorns
 HEALTH & LEISURE CLUB